



DETOX AND THE HCG DIET



DO I REALLY NEED TO DETOX WHILE ON THE HCG DIET?

Simple answer: Yes. Here's why. If you don't detoxify while using the hCG diet protocol, you are exposing yourself to increased toxicity and reduced immune functionality. Not detoxifying also significantly reduces the probability that your hypothalamus will reset—one of the keys to the long-term success of the hCG diet. Increased toxicity decreases your body's ability to rebuild skin and new internal support systems causing loose skin, longer recovery, and increased "gauntness."

Here's what happens when you follow the hCG protocol: Your body burns non-essential fat. A significant portion of non-essential fat is visceral fat, the type that holds the most toxins isolated from your body systems. With regular dieting, this doesn't happen—visceral fat is usually only solubilized with aerobic exercise. The solubilized visceral fat releases all the toxins it was holding and pushes them into your blood stream, potentially overwhelming your body with contaminants and overflowing your body's elimination systems. DesBio's whole body detoxification, drainage, and physiological regulation program works with all body systems to get rid of this flood of toxins quickly and efficiently.

CAN'T I DO JUST ANY DETOX PROGRAM? AREN'T THEY ALL THE SAME?

Detox protocols range from simple multi-vitamin regimens that stimulate the immune system to specific herbal cleanses focused on just the liver or kidneys to a colon cleanse or heavy-metal specific detox. Though these types of programs can provide some benefit, DesBio's program is a full-body detoxification, drainage, and physiological regulation program designed to optimize all major organ functions and systems related to cleaning and detoxifying the body. All six components work together to clear and restore optimal functionality to all major body systems to quickly clear and clean the body. They work with the brain (master control center), the spine (main communication channel), the digestive system (fuel provider and waste eliminator), the urinary system (waste elimination system), the lymphatic system (drainage system), and the interstitial matrix (the body's way of communicating across cell membranes). The six components support, maintain, and optimize the functions of each of these systems across your entire body. No other detox program is this comprehensive.

MY FRIENDS HAVE ALL DONE THE HCG DIET WITHOUT DETOX, AND THEY'RE JUST FINE.

This is a short-term view of what the hCG diet can do. Your friends may have lost weight. But long-term effects of heavy-metal build up and overwhelming toxin release may not be immediately noticeable. While your body is desperately trying to process toxins, it is unable to rebuild and reappportion body tissues—for example, to tighten and rebuild skin that seems loose and flabby due to weight loss. Detoxifying, draining, and regulating with DesBio's comprehensive program can help rapidly restore your skin and other tissues.

IT COSTS MORE TO ADD THE DETOX TO THE HCG PROGRAM!

Yes, it costs more. But in our opinion, you're not spending your money wisely if you do the hCG diet without the detox. You're spending money on a short-term fix when your desired outcome is the long-term benefits of a complete body system restoration. You'll reduce side effects, recover better, and reset your diencephalon. It's a pivotal part of the long-term effective completion of your hCG program.